

Ring Sizing Guide

Before you begin

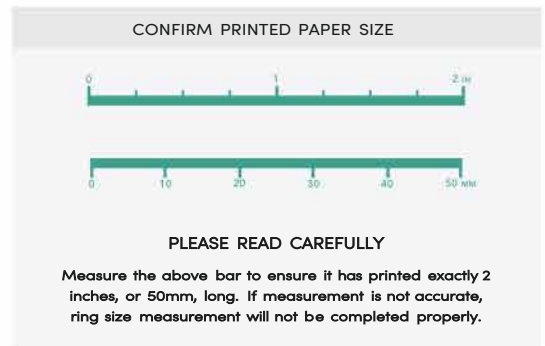
Before proceeding, use a ruler to confirm the printed paper size in the box to the right.

Pull tightly. The sizer must fit snugly to produce an accurate size.

Measure your finger at the time of the day when it will be at its largest, this is usually at the end of the day.

Avoid measuring your fingers when they are cold or damp.

Bands and rings over 5mm in width may fit your finger more tightly than rings of the same size in narrower widths.



Find your ring size

METHOD 1: PRINT YOUR SIZER

1. Cut out the ring sizer below
2. Wrap the ring sizer snugly around the widest part of the intended finger so that the numbers are visible to you and insert the pointed end through the slit you made in the sizer
3. Make note of the number that lines up with the slit, this is your ring size! Keep in mind that quarter sizes are also available if your sizer indicates that you are between whole and half sizes



METHOD 2: MEASURE A CURRENT RING

1. Choose a ring that correctly fits the finger you are purchasing the ring for. In the United States the engagement ring and wedding band are most commonly worn on the ring finger of the left hand.
2. Lay the ring over each of the size circles below until you are able to closely match the inside edge of the ring to one of the circles on the guide.
3. If the ring falls between two of the sizes, order the quarter size in the middle.

RING SIZE CONVERSION CHART

Measurements are equivalent to the interior circumference of the corresponding ring size

